

COMMON THREADS FARM 2014 GRATITUDE REPORT



FROM THE DIRECTOR

This past year, Angely (right) prepared zucchini linguini with spinach pesto at school. She loved it so much that she took it home and asked her family to make it for dinner that night.

Violet and Nzingha (left) were among the hundreds of children who learned that vegetable sushi is yummy and fun to make.

Kids like Angely, Violet and Nzingha are growing, cooking and eating healthy food with Common Threads —on school grounds, during the school day, all year round. Through these activities, they are strengthening their understanding of nutrition, science, math, geography, community, and more.

Oh, and as the smiles suggest, they are also having a whole lot of fun!

None of this could happen without the support of you and others like you. **THANK YOU for helping us grow in 2014.**

Of course, we're not done yet. In fact, we've barely scratched the surface of the need and opportunity to connect every child in our community with healthy food from seed to table. The more we cook and garden with kids in schools, the more teachers and parents request these services.

Only with your continued support will Common Threads be able to meet the growing demand for in-school and after-school cooking and gardening programs. YOU make it possible for every child in our community to fall in love with healthy food, from seed to table. Thank you for helping to raise a generation of kids who love to make good food choices.

Laura Plaut
Executive Director

P.S. Please make your next donation today!

And thank you, again, for helping us grow!

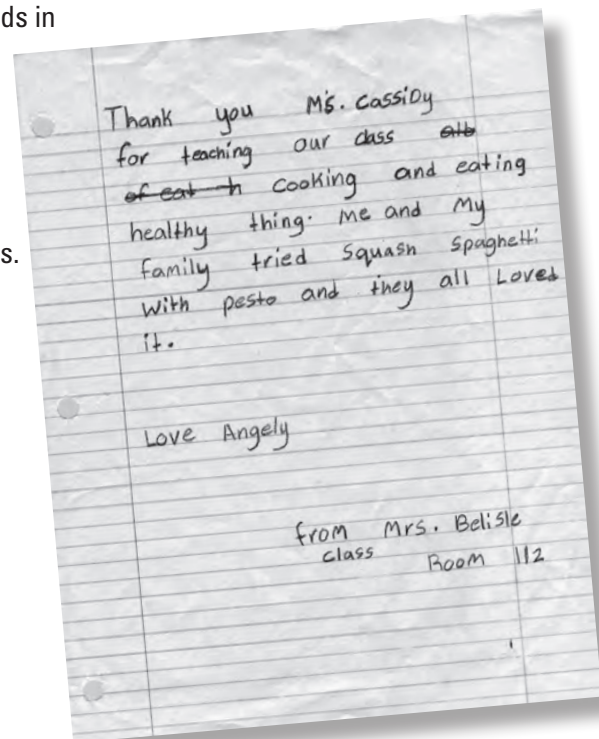


Angely Gonzalez, a 2nd grader at Birchwood, came home waving a recipe in her hand and insisted that her family prepare zucchini linguini with spinach pesto for dinner.



One girl was telling me how she didn't like rice while we were making the veggie sushi, and then she tried a bite and exclaimed, "I love rice now!" Pretty cool to see.

—4th grade teacher



You are growing healthy kids who love to make good choices.
THANK YOU

Because of you, kids like Jemma are learning to love the taste of healthy food during their hands-on cooking classes at school.



Your support means that food service staff members like Luda get the satisfaction of watching kids heap garden grown produce onto their plates as they make their way through the lunch line.



With your help, kids like Chase are experiencing the crunchy satisfaction of a radish that they started as a seed in their school garden.

OUR SUPPORTERS:

FOUNDATIONS

Alcoa Intalco Foundation
Ciel Foundation
Discuren Foundation
General Mills Foundation
Sustainable Whatcom Fund of the Whatcom Community Foundation
Taco Time Foundation

BUSINESSES

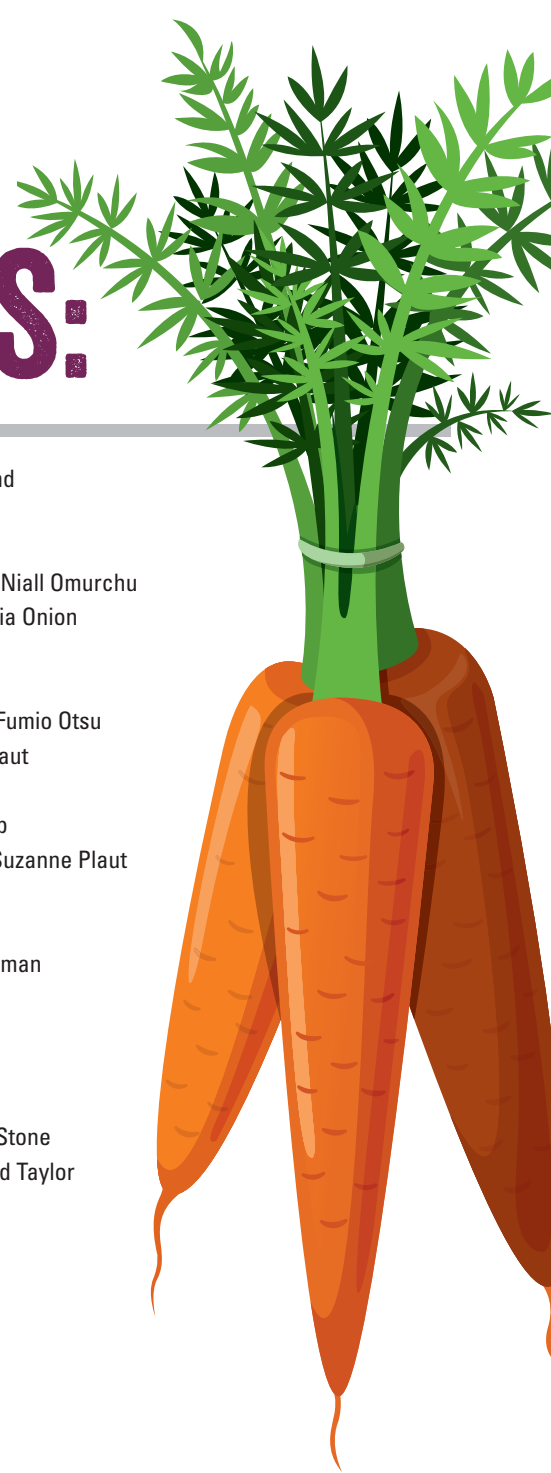
A lot of flowers
Animals as Natural Therapy
Avenue Bread
Bedlington Farms
Bellewood Acres
Bellingham Cold Storage
Bellingham Community Food Coop
Bellingham Flatbread Baker
Binyon Vision Center
Book Fare Cafe
Bramble Berry Soap Making Supplies
Ciao Thyme
City of Bellingham
Drizzle
Fairhaven Runners and Walkers

Fairhaven Toy Garden
Garden Spot Nursery
Goat Mountain Pizza
good eye design
Good Food Jobs
Great Harvest Bread Company
Historic Fairhaven Association
Joe's Garden
Kids Northwest
Konectidy
Mallard Ice Cream
New Belgium Brewing
Northern Lights Gardening
Nuu Muu
Organic Valley
Samuel's Furniture
Seifert and Jones Wine Shop
Starbucks Coffee
Terra Organic and Natural Foods
Terra Verde Garden
Uprising Seeds
Woodring Sustainability Committee

INDIVIDUALS

Siri Baldwin
John Blethen
Robert Bondurant
Megan McGinty and Alex Brede
Barbara Brenner
Evan and Jenalyn Bush
David Chugg
Elizabeth Combs
Wendy Courtemanche
Carolyn Cutler
Danielle Del Valle
Kerry Dolan
Charlie and Donna Freeman
Denise Fulton
Sue Gribble
Lacy and Andrew Heinz
Shelley and Michael Higgins
Charles Hohing
Pamela Jons
Alexandra King
Dale and Kelly Krause
Jean Kroll
Sarah and Glenn Lane
Maren Larson
(in honor of Gayle Larson)

Michelle McFarland
Tracy Mitzner
Catriona Munro
Jennifer Seltz and Niall Omurchu
Charles and Patricia Onion
Marc Dommen
Rebecca Orloff
Mary Jensen and Fumio Otsu
Frank and Linda Plaut
Laura Plaut
Ruth Plaut Weinreb
Matt Nathan and Suzanne Plaut
Jeremy Redman
Derek Rimbault
Amy and Eric Saltzman
Jayme Sanford
Pam Sinnett
Tom Slocum
Cynthia St. Clair
Hannah and Brad Stone
Angela and Richard Taylor
Pamela Terhorst
Bobbi Vollendorff
Lindsay Wells
Karen Wesolowski
John Williams
Jennifer Wright



FINANCIALS 2014

INCOME:

Grants.....\$92,405
Donations.....\$10,284
Programs.....\$62,071

EXPENSES:

Programs
School-Based Food Education.....\$77,006
Farm-Based Programs.....\$12,224
Capacity*.....\$39,450

**(high as a percentage of the total because our programs are so significantly supported by AmeriCorps members, student interns, and other volunteers)*

Common Threads Farm is a 501(c)3 nonprofit

COMMON THREADS 2014 BOARD MEMBERS

Scott Mauermann, President
Charles Onion, Vice President
Jennifer Wright, Treasurer
Alex Brede/Paul Kearsley, Secretary
Dale Krause, Lisa Samuels, Tom Slocum, Lauren McClanahan, Will Annett, At Large

OVER 200 VOLUNTEERS CONTRIBUTED OVER 2,000 HOURS OF SERVICE IN 2014.

OVER 3,500 CHILDREN ACROSS 14 SCHOOLS PARTICIPATED IN COMMON THREADS' GARDENING AND COOKING PROGRAMS

Common Threads connects kids to healthy food in the garden, in the kitchen, and at the table. We want kids to grow up making food choices that are good for their bodies, communities, and environment.

JOIN US!

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