

# COMMON THREADS FARM

## 2014 GRATITUDE REPORT



### FROM THE DIRECTOR

This past year, Angely (right) prepared zucchini linguini with spinach pesto at school. She loved it so much that she took it home and asked her family to make it for dinner that night.

Violet and Nzingha (left) were among the hundreds of children who learned that vegetable sushi is yummy and fun to make.

Kids like Angely, Violet and Nzingha are growing, cooking and eating healthy food with Common Threads —on school grounds, during the school day, all year round. Through these activities, they are strengthening their understanding of nutrition, science, math, geography, community, and more.

Oh, and as the smiles suggest, they are also having a whole lot of fun!

None of this could happen without the support of you and others like you. **THANK YOU** for helping us grow in 2014.

Of course, we're not done yet. In fact, we've barely scratched the surface of the need and opportunity to connect every child in our community with healthy food from seed to table. The more we cook and garden with kids in schools, the more teachers and parents request these services.

Only with your continued support will Common Threads be able to meet the growing demand for in-school and after-school cooking and gardening programs. YOU make it possible for every child in our community to fall in love with healthy food, from seed to table. Thank you for helping to raise a generation of kids who love to make good food choices.

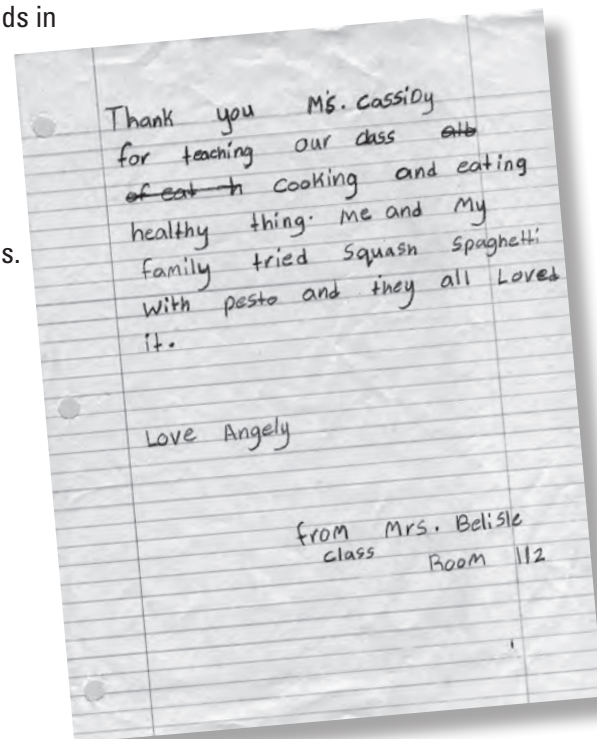
Laura Plaut  
Executive Director

**P.S. Please make your next donation today!**

**And thank you, again, for helping us grow!**



Angely Gonzalez, a 2nd grader at Birchwood, came home waving a recipe in her hand and insisted that her family prepare zucchini linguini with spinach pesto for dinner.



One girl was telling me how she didn't like rice while we were making the veggie sushi, and then she tried a bite and exclaimed, "I love rice now!" Pretty cool to see.

—4th grade teacher

You are growing healthy kids who love to make good choices.

## THANK YOU

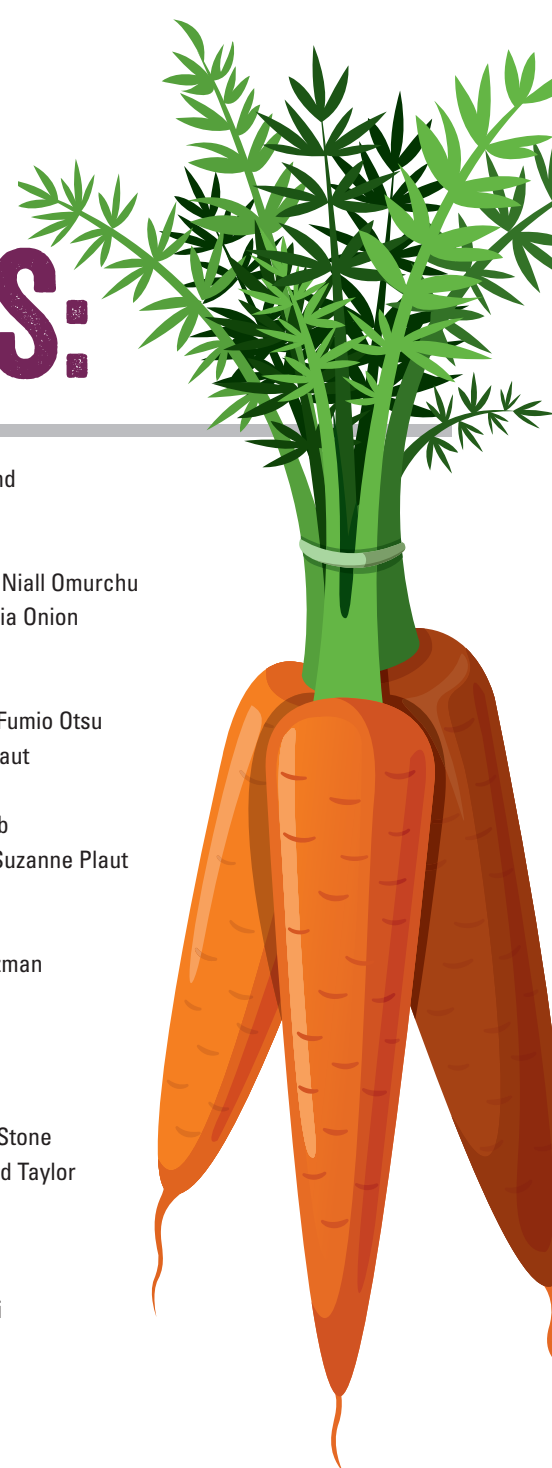
**Because of you,**  
kids like Gemma are learning to love the taste of healthy food during their hands-on cooking classes at school.

**With your help,**  
kids like Chase are experiencing the crunchy satisfaction of a radish that they started as a seed in their school garden.



**Your support**  
means that food service staff members like Luda get the satisfaction of watching kids heap garden grown produce onto their plates as they make their way through the lunch line.

## OUR SUPPORTERS:



### FOUNDATIONS

Alcoa Intalco Foundation  
Ciel Foundation  
Discuren Foundation  
General Mills Foundation  
Sustainable Whatcom Fund of the  
Whatcom Community Foundation  
Taco Time Foundation

### BUSINESSES

A lot of flowers  
Animals as Natural Therapy  
Avenue Bread  
Bedlington Farms  
Bellewood Acres  
Bellingham Cold Storage  
Bellingham Community Food Coop  
Bellingham Flatbread Baker  
Binyon Vision Center  
Book Fare Cafe  
Bramble Berry Soap Making Supplies  
Ciao Thyme  
City of Bellingham  
Drizzle  
Fairhaven Runners and Walkers

Fairhaven Toy Garden  
Garden Spot Nursery  
Goat Mountain Pizza  
good eye design  
Good Food Jobs  
Great Harvest Bread Company  
Historic Fairhaven Association  
Joe's Garden  
Kids Northwest  
Konectidy  
Mallard Ice Cream  
New Belgium Brewing  
Northern Lights Gardening  
Nuu Muu  
Organic Valley  
Samuel's Furniture  
Seifert and Jones Wine Shop  
Starbucks Coffee  
Terra Organic and Natural Foods  
Terra Verde Garden  
Uprising Seeds  
Woodring Sustainability Committee

### INDIVIDUALS

Siri Baldwin  
John Blethen  
Robert Bondurant  
Megan McGinty and Alex Brede  
Barbara Brenner  
Evan and Jenalyn Bush  
David Chugg  
Elizabeth Combs  
Wendy Courtemanche  
Carolyn Cutler  
Danielle Del Valle  
Kerry Dolan  
Charlie and Donna Freeman  
Denise Fulton  
Sue Gribble  
Lacy and Andrew Heinz  
Shelley and Michael Higgins  
Charles Hohing  
Pamela Jons  
Alexandra King  
Dale and Kelly Krause  
Jean Kroll  
Sarah and Glenn Lane  
Maren Larson  
(in honor of Gayle Larson)

Michelle McFarland  
Tracy Mitzner  
Catriona Munro  
Jennifer Seltz and Niall Omurchu  
Charles and Patricia Onion  
Marc Oommen  
Rebecca Orloff  
Mary Jensen and Fumio Otsu  
Frank and Linda Plaut  
Laura Plaut  
Ruth Plaut Weinreb  
Matt Nathan and Suzanne Plaut  
Jeremy Redman  
Derek Rimbault  
Amy and Eric Saltzman  
Jayme Sanford  
Pam Sinnott  
Tom Slocum  
Cynthia St. Clair  
Hannah and Brad Stone  
Angela and Richard Taylor  
Pamela Terhorst  
Bobbi Vollandorff  
Lindsay Wells  
Karen Wesolowski  
John Williams  
Jennifer Wright

## FINANCIALS 2014

### INCOME:

Grants.....\$92,405  
Donations .....\$10,284  
Programs .....\$62,071

### EXPENSES:

Programs  
School-Based Food Education.....\$77,006  
Farm-Based Programs.....\$12,224  
Capacity\*.....\$39,450

\*(high as a percentage of the total because our programs are so significantly supported by AmeriCorps members, student interns, and other volunteers)

Common Threads Farm is a 501(c)3 nonprofit

### COMMON THREADS 2014 BOARD MEMBERS

Scott Mauermann, President  
Charles Onion, Vice President  
Jennifer Wright, Treasurer  
Alex Brede/Paul Kearsley, Secretary  
Dale Krause, Lisa Samuels, Tom Slocum,  
Lauren McClanahan, Will Annett, At Large

**OVER 200 VOLUNTEERS  
CONTRIBUTED OVER  
2,000 HOURS OF  
SERVICE IN 2014.**

**OVER 3,500  
CHILDREN ACROSS  
14 SCHOOLS  
PARTICIPATED  
IN COMMON  
THREADS'  
GARDENING  
AND COOKING  
PROGRAMS**

Common Threads connects kids to healthy food in the garden, in the kitchen, and at the table. We want kids to grow up making food choices that are good for their bodies, communities, and environment.

**JOIN  
US!**

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